

Accepted Over the Counter Items*

Antiseptics, Dressings & Supplies

Adhesive or elastic bandages
 Antiseptic wash or ointment for cuts
 Benzocaine swabs
 Boric Acid powder
 Cold or hot compresses
 First aid wipes
 Gauze and tape
 Gloves and masks
 Hydrogen Peroxide
 Iodine tincture
 Leg or arm braces
 Rubbing Alcohol
 Sublimed Sulfer powder

Asthma Medications

Bronchodilator/Expectorant tablets
 Bronchial asthma inhalers

Cold, Flu, and Allergy Medications

Allergy medications
 Cold relief syrup
 Cold relief tablets
 Cough drops or syrup
 Flu relief tablets or liquid
 Medicated chest rub
 Sinus medications
 Vapor patch cough suppressant

Diabetes

Diabetic lancets
 Diabetic supplies
 Diabetic test strips
 Glucose meters

Ear/Eye Care

Airplane ear protection
 Ear drops for swimmers
 Ear water-drying aid
 Ear wax removal drops
 Contact lens solutions
 Eye Drops

Health Aids

Antifungal treatments
 Denture adhesives
 Diuretics and water pills
 Hemorrhoid relief
 Incontinence supplies
 Medicated bandages
 Motion sickness tablets
 Respiratory stimulant ammonia

Pain Relief

Arthritis pain reliever
 Bunion and blister treatments
 Itch relief
 Orajel
 Pain relievers, aspirin and non-aspirin
 Throat pain medications

Personal Test Kits

Blood Pressure Meters
 Cholesterol tests
 Colorectal cancer screening tests
 Home drug tests
 Ovulation indicators
 Pregnancy tests
 Thermometers

Skin Care

Anti-itch lotion
 Bunion and blister treatments
 Cold sore and fever blister medications
 Corn and callus removal medications
 Diaper rash ointment
 Eczema cream
 Medicated bath products
 ProActive Solution

Stomach Care

Acid reducers
 Antacid gum, liquid or tablets
 Anti-diarrhea medications
 Gas prevent food enzyme dietary supplement
 Gas relief drops for infants and children
 Ipecac syrup
 Laxatives
 Pinworm treatment
 Prilosec
 Upset stomach medications

Not Acceptable*

Aromatherapy	Hair regrowth
Baby bottles and cups	Low "carb" foods
Baby oil	Low calorie foods
Baby wipes	Oral care
Breast enhancement system	Petroleum jelly
Cosmetics	Shampoo and conditioner
Cotton swabs	Skin care
Dental fl oss	Spa salts
Deodorants	Sun tanning products
Facial care	Tooth brushes
Feminine care	Safety Glasses
Fragrances	Veneers

Dual Use- Requires Doctor Letter*

Acne Medications & Treatment
 Foot spa
 Herbs
 Homeopathic treatments
 Massagers
 Minerals
 Multivitamins
 Nasal decongestant inhaler
 Nasal decongestant spray or drops
 Nasal strips to improve congestion
 Saline nose drops
 Sleeping aids
 Special supplements
 Special teeth cleaning system
 Vitamins
 Wart removal medications

** Plan restrictions may apply. Check with your plan administrator. Subject to changes & updates.*

